

# Outpatient Authorization Request (OAR)



Please print clearly. Incomplete or illegible forms will delay processing. Please fax completed form to AmeriHealth Caritas Iowa Behavioral Health (BH) Utilization Management (UM) at **1-844-214-2469**.

For assistance, please call **1-844-214-2474**.

**In-network providers:** Prior authorization is only required for the following services: Electroconvulsive Therapy (90870)\*, Unlisted Psychiatric Services (90889), Environmental Interventions (90882) and Psychological Testing (on a separate form).  
\*Electroconvulsive therapy (ECT) services must be prior authorized by telephonic review. Please call **1-844-214-2474**.

**Out-of-network providers:** Prior authorization and a noncontracted provider form are required for all services.

Member information	
Patient name: _____	Date of birth: _____
Medicaid/health plan number: _____	Last authorization number (if applicable): _____

Provider information	
Provider name:	<input type="checkbox"/> In-network <input type="checkbox"/> Out-of-network <input type="checkbox"/> In credentialing process
Group/agency name:	Provider credential: <input type="checkbox"/> M.D. <input type="checkbox"/> Ph.D. <input type="checkbox"/> LMHP <input type="checkbox"/> LAC <input type="checkbox"/> Other, please specify: _____
Physical address:	Telephone number:
	Fax number:
Medicaid/provider/NPI number:	Contact name:

**Type of request:**  Initial  Continued stay

**Previous or current MH/SU treatment:**  None **or**  MH/SU OPT  SU IOP  MH/SU IP  MH/SU residential  
 BHIS  IPR  Integrated health home  Community support services  Habilitation program services  
 ABA therapy  PMIC  IDPH SUD  Peer support  
 Other (provide specifics): \_\_\_\_\_

**Substance use:**  None  By history  Current/active

**Tobacco use:**  None  By history  Current/active

Substances used, amount, frequency and last used: \_\_\_\_\_

**Previous or current waiver services:**  Yes  No

If yes, give specifics: \_\_\_\_\_

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## DSM diagnosis

Primary DX: \_\_\_\_\_ Secondary DX: \_\_\_\_\_ Medical DX: \_\_\_\_\_

## Primary care provider (PCP) and other communication

Has information been shared with the PCP/other providers regarding:

1. The initial evaluation and treatment plan?  Yes  No
2. The updated evaluation and treatment plan?  Yes  No

Other behavioral health providers' names and last notified: \_\_\_\_\_

PCP name and date last notified: \_\_\_\_\_

If no, please explain: \_\_\_\_\_

Is the member's family and support system involved in treatment planning and treatment?  Yes  No

(If no, explain): \_\_\_\_\_

Was the member given a choice in their behavioral health/substance use provider?  Yes  No

(If no, explain): \_\_\_\_\_

## Current risk/lethality

Suicidal	<input type="checkbox"/> 1 None	<input type="checkbox"/> 2 Low	<input type="checkbox"/> 3 Moderate	<input type="checkbox"/> 4 High	<input type="checkbox"/> 5 Extreme
Homicidal	<input type="checkbox"/> 1 None	<input type="checkbox"/> 2 Low	<input type="checkbox"/> 3 Moderate	<input type="checkbox"/> 4 High	<input type="checkbox"/> 5 Extreme
Assault/violence	<input type="checkbox"/> 1 None	<input type="checkbox"/> 2 Low	<input type="checkbox"/> 3 Moderate	<input type="checkbox"/> 4 High	<input type="checkbox"/> 5 Extreme

## Medications

Is member prescribed medications? <input type="checkbox"/> Yes <input type="checkbox"/> No	Prescribing physicians' names:
Is member compliant with medications? <input type="checkbox"/> Yes <input type="checkbox"/> No	Please list medications and dosages:

## Treatment plan and goals

List primary complaint/problem to address:			
Overall progress toward goals:	<input type="checkbox"/> 1 None/Min	<input type="checkbox"/> 2 Moderate	<input type="checkbox"/> 3 Met
List measurable treatment goals:			
Compliance with treatment:	<input type="checkbox"/> 1 None/Min	<input type="checkbox"/> 2 Moderate	<input type="checkbox"/> 3 Met

# Outpatient Authorization Request (OAR)

**Authorization request:**  Individual  Group  Family  Med management  ECT (call BH UM for PA)

Reason for authorization of out-of-network providers (Utilization Management will contact provider directly before giving an authorization):

NA; provider is in-network

1. Specialty of provider to meet the needs of the member: \_\_\_\_\_
2. Continuity of care concerns: \_\_\_\_\_
3. Accessibility/availability of provider: \_\_\_\_\_
4. Clinical rationale: \_\_\_\_\_

Total sessions requested:	Frequency of visits:	CPT/HCPC codes:	Start date:	Estimated end date:
_____	_____	_____	_____	_____

By signing this document, I attest that the information contained herein is true and accurate to the best of my knowledge and belief. By submitting this form, I acknowledge that I am submitting a request for authorization of health care services, and I agree to abide by and adhere to established federal and Iowa fraud, waste and abuse (FWA) rules and regulations and to remain in compliance with AmeriHealth Caritas Iowa's Program Integrity rules. I further acknowledge that any claim I submit is subject to investigations, review or audit as determined by AmeriHealth Caritas Iowa. I further acknowledge that an authorization is not a guarantee of payment.

Provider signature: \_\_\_\_\_ Date: \_\_\_\_\_

