

Cardiac Checklist



Please be prepared to provide the **applicable information** from the following list when requesting prior authorization for a cardiac procedure with AmeriHealth Caritas Iowa, managed by National Imaging Associates Inc. (NIA):

1. **Medical chart notes** – all notes from the patient chart related to the requested procedure, including patient's current cardiac status/symptoms, cardiac factors, and indications.
2. **Relevant patient information**, including:
 - a. **Patient age, height, weight, and body mass index (BMI).**
 - b. **Family history of heart problems** (including relationship to member, age at diagnosis, type of event, etc.).
 - c. **Medical history** (e.g. diabetes, hypertension, stroke, arrhythmia, etc.).
 - d. **Cardiac risk factors.**
 - e. **Previous cardiac treatments, surgeries, or interventions** (e.g. medications, coronary artery bypass graft [CABG], percutaneous transluminal coronary angioplasty [PTCA], stent, heart valve surgery, pacemaker/defibrillator insertion, surgery for congenital heart disease, etc.).
 - f. **Problems with exercise capacity** (e.g. orthopedic, pulmonary, or peripheral vascular disease; distance, heart rate).
3. **Diagnostic or imaging reports from previous tests** (e.g. exercise stress test, echocardiography, stress echocardiography, myocardial perfusion imaging [MPI], coronary angiography, etc.).
4. **Symptom history** (e.g. onset, course, new or changing symptoms) related to all pertinent cardiac conditions, such as heart muscle/valvular disease, structural abnormality, infection, exposure to toxins/chemotherapy, etc.
5. **Examination results**, including evaluation of hypertension, heart failure, cardiomyopathy, abnormal rhythm, pulmonary embolus, congenital condition, etc.
6. **Any other documentation that supports the need for the procedure.**
7. **For pediatric patients**, provide all pertinent clinical information supporting the relevant condition, such as:
 - a. Congenital heart disease, such as cyanosis, failure to thrive, syncope, chest pain, abnormal murmurs, etc.; include documentation related to any prior surgery for congenital heart disease.
 - b. Acquired heart disease, such as Kawasaki disease, endocarditis, pericarditis, human immunodeficiency virus (HIV) carditis, exposure to cardio toxic drugs, newly acquired hypertension, etc.
 - c. **Non-cardiac diseases**, such as pulmonary hypertension, in-dwelling catheters, sepsis, thromboembolic events, etc.
 - d. **Arrhythmias**, with possibly underlying structural heart disease.

To initiate an authorization request, visit www.RadMD.com or call **1-888-864-7237**.